

**HAND HYGIENE:**

# Helping Protect Employees from Coronavirus



**Rub palm to palm**



**Rub back of left hand over right palm and vice versa**



**Rub palm to palm with fingers interlaced**



**Rub back of fingers on opposing palms with fingers interlocked**



**Rub around right thumb with left palm and vice versa**



**Rub palm of left hand with fingers of right hand and vice versa**

**PLEASE NOTE**

Wash Your Hands Often to Stay Healthy  
Use Hand Sanitizer When You Can't Use Soap and Water  
Use the WHO recommended 6 pose technique for handwashing